

THE MOUNTS BAY INN

S A M P L E E V E N I N G

M E N U

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MAINS

8oz Cornish Sirloin Steak – £21

Tomato & Onion Rings with Chunky Chips & Peas
Choice of Garlic Butter, Lemon & Caper Butter or
Curried Butter.

Surf & Turf- £26

As Above With King Prawns.

Cornish 6oz Steak Burger £12

in a Brioche Bun with Chunky Chips

as above with Bacon, Cheese & Salad £14

Cajun Chicken Burger £13

Lettuce, Tomato & Onion & Garlic Mayo in a Brioche
Bun with Chunky Chips

Homemade Cornish Meatballs £12

Spicy Beef Mince, Diced onion, Fresh Basil & Chilli,
In a Rich Tomato Sauce
With Spaghetti & Garlic Flatbread.

Cornish Beef Stew £14

Slow Cooked Tender Chunks of Beef with Garlic &
Fresh mixed Herbs.

With Seasoned Sliced Cornish New Potatoes &
Seasonal Greens.

Homemade Chilli Con Carne £12

With Long Grain Rice & Naan Bread

Chicken Madras £13

Tender Strips of Chicken cooked in an Aromatic
medium spicy sauce.

With Long grain Rice & Naan Bread

Lamb Kofta £14

Grilled Minced Lamb with Garlic & Mixed Spices.

With Rice, Flat Bread, Salad & Mint Yogurt.

Slow Roasted Belly Pork £15

12 hour Roasted Belly Pork

With Sautéed Potatoes, Kale & a Cornish Blue
Cheese Sauce

FLAT BREADS

Garlic & Tomato (vg) £6

Mozzarella & Basil £7

Tomato, Chorizo & Cheddar £8

Cornish Blue & Caramelised Onion £9

Meatball & Mozzarella £9

Thai Chicken, Pepper & Cheddar £9

SEAFOOD

Cornish Mussels £16

Cooked in a creamy White Wine & Garlic Sauce.
Seasoned Chunky Chips

**Catch of the day (Please ask your server
for today's Catch) £17**

Oven roasted, Seasoned Sliced Cornish New
Potatoes and Seasonal Greens. Choice of Garlic
Butter, Lemon & Caper Butter or Curried Butter.

Breaded Scampi £12

Seasoned Chunky Chips, Peas & Tartare Sauce

Seafood Pasta £16

Cornish Mussels Prawns, Calamari in a Creamy
White Wine, Garlic & Dill Sauce. With Garlic Ciabatta

VEGETARIAN/ VEGAN

Mac & Cheese £12

A classic of Oven Baked Macaroni in a Creamy
Cheese Sauce. With Garlic Flat Bread.

Plant Burger (Vg) £11

Loaded with Salad, Vegan Cheese, Chipotle Sauce
in a Vegan Bun with Chunky Chips

**Red Pepper, Chickpea & Sweet Potato
Curry (Vg) £11**

Red Pepper, Chickpea & Sweet Potatoes cooked in
a hot & Piquant sauce.

With Long Grain Rice & Naan Bread

DESSERTS

Apple Pie £6

With Custard, Clotted Cream Or Vanilla Ice Cream

Rich Chocolate Brownie (Vg) £7

Soy Ice-Cream

Strawberry, Mint & Elderflower Eton Mess £8

A combination of fluffy cream, Crunchy Meringue,
Strawberries, Mint & Elderflower.

Cornish Vanilla Ice-Cream £7

with Raspberry/Mango Coulis

Cornish Cheese Board (to Share) £6

Wild Garlic Yarg, Cornish Blue, Smugglers Smoked,
Apple Chutney, Grapes & Crackers

£10